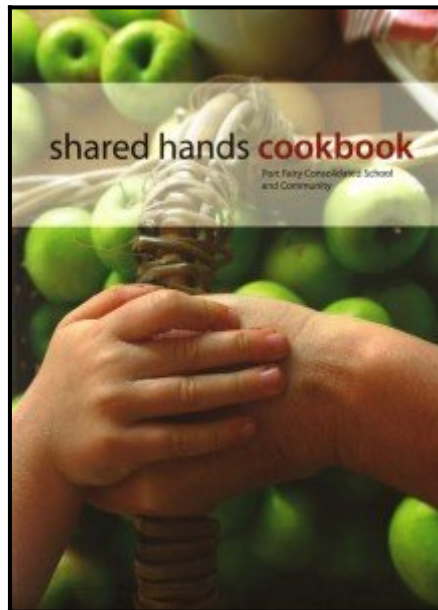


# At last – a cookbook you can use!



[dropcap style="font-size: 60px; color: #8F9F59;"] H  
[/dropcap]ow many times have you been lured into buying a sumptuous-looking cookbook, only to find that the fine print includes ingredients that you have either never heard of, or which are almost impossible to buy? (Fresh bamboo sticks, dried banana leaf, mud crab...)

And we all own at least one cookbook that has such convoluted, complex recipes that even if you source the ingredients, you haven't got time to devote an entire day to making dinner.

There are no such problems with this week's choice for Bookmarks, which is a collection of recipes from the Port Fairy Consolidated School and Community.

This is what **Michaelie Clark**, from Warrnambool Books, has to say about her selection:

[dropcap style="font-size: 60px; color: #8F9F59;"] 'T  
[/dropcap]his book was released by the Port Fairy Consolidated School and Community last year and is very impressive

(deviates greatly from the old binders you used to get with photocopies of Mum's yo-yo recipe, etc)!

It has been a consistent seller since its release.

In 2007, the Port Fairy Consolidated School made a successful application to join the [Stephanie Alexander Kitchen Garden Program](#), which gave the students the tools and support to grow, harvest, prepare and share food, with a strong focus on the value of local produce.

An important result of the program is the **Shared Hands Cookbook**, a beautiful collection of recipes from the school and its associates, the local culinary community, and others they are inspired by. The book includes high quality, full-colour photos of most of the dishes, plus lots of images from the garden, the school and around the town.

The recipes are easy to follow, diverse and incredibly tempting (the 'Baked Zucchini Stuffed with Spicy Rice' and the 'Quince and White Chocolate Muffins' would be pretty hard to pass up), but best of all is the book's wonderful local flavour.'

Yum!

[box] You can keep up with new releases at Warrnambool Books via its [Facebook page](#).[/box]



***Catch up on our other Bookmarks...***

[Ben Sanders: Retro meets whimsy](#)

[Gorgeous working dogs](#)

[Getting fit the fun way with Marie Bean](#)

[Can Paul Jennings put a foot wrong?](#)

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## Gardeners get down and dirty



Warrnambool Community Garden Convenor Geoff Rollinson has been one of the driving forces behind the transformation of the old quarry.

[dropcap style="font-size: 60px; color: #8F9F59;"] T  
[/dropcap]urning old quarries into beautiful places and spaces is something of a Warrnambool speciality: the late Sir Fletcher Jones did just that with Pleasant Hill outside his Raglan Parade factory.

About a kilometre up the hill from his masterpiece is another, equally impressive transformation of a former council quarry into the Warrnambool Community Garden and Hub.

Instead of taking things from the land, the Warrnambool Community Garden has spent the past six years putting life back into it.

The 2 acre site on the corner of Grieve St and Grafton Rd is a shining example of organic and permaculture gardening, with the site divided into areas of raised vegetable beds, more than 50 fruit and nut trees, a herb garden, bush tucker area, communal garden and 56 individual garden beds, all of which appear to be thriving.



A piece of paradise – the community garden right in the heart of Warrnambool.

[dropcap style="font-size: 60px; color: #8F9F59;"] T  
[/dropcap]he individual plots are planted and maintained by group members who are assigned a patch of dirt for their own

enjoyment. When Bluestone visited last week, the spring crops were booming, with beans, snap peas, rhubarb, spring onions, several varieties of lettuce and thick clumps of silverbeet among the delicious produce.

Incredibly, there was barely a weed to be seen.

“We have a flag system,” explained Convenor **Geoff Rollinson**.

“That means that if your plot is looking a bit neglected, a flag goes up on it...but we have never had a flag. It is the thought of being flagged that is the deterrent,” he said, laughing.



Where it all began...the Grieves St site before its transformation into an environmental hub.

[dropcap style="font-size: 60px; color: #8F9F59;"] T  
[/dropcap]he garden is home to several employment scheme projects and works in closely with other like-minded environmental groups around the area, who can also make use of the Hub: a retro-fitted portable classroom that showcases energy efficient building.

This weekend (October 12-13 from 10am), the garden is hosting its annual Dirty Weekend full of gardening and sustainable living-related activities, including composting, permaculture techniques, learning about edible weeds and indigenous foods, cooking with 'ugly' vegetables and various stalls, exhibits and competitions. A dry stone wall building workshop will also be held with expert David Long (\$88 – bookings 0429 928 511).

[box type="bio"] For more information on the garden, or how to become involved, visit its website [here](#).[/box]



### ***Other stories you might enjoy...***

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[Thriving on flower power](#)

[Make mine milk – goat's milk!](#)

[Brentan the bee man](#)

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# To Hoover, or not to Hoover?

This is the sort of thing that once stimulated “controversy” in households across Australia...to Hoover, or not to Hoover, the new carpets? When Mum bought her first Hoover in the 1950s, this was included in the instruction booklet.

# SHOULD A NEW CARPET BE HOOVER CLEANED?

*Wonderful recommendation from high authority*

PROBABLY ever since the first Hoover Cleaner was made in 1907 the controversy has raged as to whether or not a new carpet should be Hoover cleaned. Those who oppose it say that a carpet should be allowed to "settle" for a period of three to six months before using a Hoover on it and point to the amount of "pile" collected in the Hoover bag when the cleaner is run over a new carpet.

Those who advocate cleaning immediately explain that the "pile" collected is actually

"shearings" left in the carpet after being trimmed in the factory, and justifiably point out that the damage caused by leaving grit in a carpet untouched for six months is immeasurably greater than the removal of these shearings.

We have just received from England copies of correspondence which give the opinion on this matter of no less an authority than the managing director of Axminster Carpets Ltd.

We have reproduced in full the correspondence as it came to us.

The first intimation Hoover Ltd. received of this entirely unsolicited recommendation was contained in the following letter:—

This is the letter which provoked the reply from the managing director of Axminster Carpets Ltd., shown on the opposite page.

AXMINSTER CARPETS LTD.,  
AXMINSTER,  
DEVON.

Managing Director's Office,  
11th September, 1950.

Messrs. Hoover Ltd.,  
Hoover House,  
211/213, Regent Street,  
London, W.1.

Dear Sirs,

I have received the enclosed letter from one of our mutual clients and have replied as per enclosed copy letter, with which I trust you agree.

Yours faithfully,

p.p. AXMINSTER CARPETS LTD.  
(Signed) W. H. DUTFIELD,  
Managing Director.

Mrs. W. A. Shaw,  
Redcliffe Chase,  
Hartley,  
Sittingbourne,  
Kent.

To: The Manager,  
Axminster Carpets.

Dear Sir,

I have just purchased one of your good quality plain carpets, and have been told that one should not use a "Hoover" on a new carpet for a matter of months to allow the pile to settle; other responsible people say that a new carpet should have prolonged "Hoover" cleaning on first being laid.

I should be grateful to have your opinion to ensure long life to my new carpet.

With many thanks,

Yours truly,

(Signed) Mrs. W. A. SHAW.

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# Blue (stone) skies shining on me...

If you have been following this section, you will know that given we are called Bluestone, we thought it only fitting that each week we dig out a track that has the word 'blue' in its lyrics or title.

What better way to start the working week than with some music?

This week we have chosen a smooth classic, **Blue Skies**, by **Willie Nelson**.

You can play it [here](#).



[Image courtesy  
Wikipedia.com]



*Catch up on our other blue tunes...*

[Indigo Girls: Tangled up in Blue](#)

[Emmylou Harris: Blue Kentucky Girl](#)

[Etta James: Misty Blue](#)

[Flunk: Blue Monday](#)

[Linda Ronstadt: Blue Bayou](#)

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## **Cows in curlers...well, almost**

The nightmares began for Ashlea Wines about a fortnight ago. Cows were running loose, judges failed to show up, the rain came down in bucketloads and Ashlea left all of the prizes at home.